

## Ribociclib (Kisqali)

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### About This Medicine

RIBOCICLIB (RYE boe SYE klib) treats breast cancer. It works by blocking a protein that causes cancer cells to grow and multiply. This helps to slow or stop the spread of cancer cells. It is given orally (by mouth).

This medicine may be used for other purposes; ask your care team if you have questions.

### Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Nausea and vomiting (throwing up)
- Constipation (not able to move bowels)
- Diarrhea (loose bowel movements)
- Tiredness
- Changes in your liver function
- Blood sugar levels may change
- Headache
- Back pain
- Changes in your kidney function
- Cough
- Infection
- Hair loss. Hair loss is often temporary, although with certain medicine, hair loss can sometimes be permanent. Hair loss may happen suddenly or gradually. If you lose hair, you may lose it from your head, face, armpits, pubic area, chest, and/or legs. You may also notice your hair getting thin.
- Rash

**Note:** Each of the side effects above was reported in 20% or greater of people treated with ribociclib. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

## Warnings and Precautions

- Abnormal electrocardiogram (EKG/ECG)
- Severe allergic skin reaction. You may develop blisters on your skin that are filled with fluid or a severe red rash all over your body that may be painful. Sometimes, a rash along with problems with your organs, swollen lymph nodes, fever and higher than normal white blood cells can happen.
- Inflammation (swelling) and/or scarring of the lungs which can be life-threatening. You may have a cough and/or trouble breathing.
- Severe changes in your liver function
- Decrease in the number of white blood cells including neutropenic fever, a type of fever that can develop when you have a very low number of white blood cells which can be life-threatening.

**Note:** *Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.*

## How to Take Your Medicine

- Swallow the medicine whole with or without food. Take your medicine at approximately the same time every day it is scheduled, preferably in the morning. Do not crush, chew, or split tablets.
- Do not take your medicine if tablets look cracked, broken or look damaged.
- **Missed Dose:** If you vomit or miss a dose, take your next dose at the regular time. Do not take 2 doses at the same time and do not double up on the next dose.
- **Overdosage:** If you think you have taken too much of this medicine, contact a poison control center or emergency room at once.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine. Your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- This medicine may be present in the urine, stool and other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your care team after your treatment. If you take a pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container at room temperature for up to 2 months. Keep out of the reach of children and pets.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have unused medicine take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your care team how to dispose of unused medicine.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.



- Take your temperature as your care team tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your care team before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature.
- Ask your care team about medicines that are available to help stop or lessen constipation, diarrhea and/or nausea/vomiting.
- If you are not able to move your bowels, check with your care team before you use enemas, laxatives, or suppositories.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- If you have diabetes, keep good control of your blood sugar level. Tell your care team if your glucose levels are higher or lower than normal.
- If you get a rash do not put anything on it unless your care team says you may. Keep the area around the rash clean and dry. Ask your care team for medicine if your rash bothers you.
- Keeping your pain under control is important to your well-being. Please tell your care team if you are experiencing pain.
- To help with hair loss, wash with a mild shampoo and avoid washing your hair every day. Avoid coloring your hair.
- Avoid rubbing your scalp, pat your hair or scalp dry.
- Limit your use of hair spray, electric curlers, blow dryers, and curling irons.
- If you are interested in getting a wig, talk to your care team and they can help you get in touch with programs in your local area.

## Food and Medicine Interactions

- This medicine may interact with grapefruit and grapefruit juice. Talk to your care team as this could make side effects worse.
- Check with your care team about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with ribociclib. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- This medicine may interact with St. John's Wort and may lower the levels of the medicine in your body, which can make it less effective.

## When to Call Your Care Team



Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Headache that does not go away
- Tiredness that interferes with your daily activities
- Easy bleeding or bruising
- Feeling dizzy or lightheaded
- Feeling that your heart is beating fast or not in a normal way (palpitations)
- Dry cough or a cough that is bothersome
- Wheezing and/or trouble breathing
- Pain in your chest
- Swollen lymph nodes in your neck and/or armpits
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- No bowel movement in 3 days or when you feel uncomfortable
- Signs of low blood sugar: feeling sleepy, increased hunger, sweating, shakiness, irritability
- Decreased or very dark urine
- Signs of infection: fever or chills, cough, trouble breathing, severe pain in your abdomen, trouble urinating, burning or pain when you pass urine, redness and/or swelling of the skin
- Signs of liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Flu-like symptoms: fever, headache, muscle and joint aches, and fatigue (low energy, feeling weak)
- Pain that does not go away, or is not relieved by prescribed medicines
- A new rash and/or itching or a rash that is not relieved by prescribed medicines

## Reproduction Warnings

- **Pregnancy warning:** This medicine can cause serious birth defects. If you can become pregnant, use birth control while taking this medicine and for at least 3 weeks after the last dose. Tell your care team right away if you think you might be pregnant.
- **Breastfeeding warning:** Do not breastfeed while taking this medicine and for at least 3 weeks after the last dose
- **Fertility warning:** This medicine may affect your ability to have children in the future. If you plan to have children, talk with your care team.

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