

## Relugolix (Orgovyx)

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### About This Medicine

Relugolix is used to treat cancer. It is given orally (by mouth).

### Possible Side Effects

- Decrease in red blood cells. This may make you feel more tired.
- Diarrhea (loose bowel movements)
- Constipation (unable to move bowels)
- Tiredness
- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.
- Changes in your liver function
- Increase in your triglyceride levels
- Blood sugar levels may change
- Muscle and bone pain

**Note:** Each of the side effects above was reported in 10% or greater of patients treated with relugolix. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- Abnormal electrocardiogram (EKG/ECG)
- Allergic reactions, including risk of angioedema, are rare but may happen in some patients. Signs of allergic reaction to this drug may be swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, do not take another dose of this drug. You should get urgent medical treatment.**

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

### Important Information



- Other side effects may include weight gain, decreased sex drive and impotence (erectile dysfunction).

## How to Take Your Medicine

- Swallow the medicine whole with or without food. Do not crush or chew tablets.
- Take this medicine at approximately the same time each day.
- **Missed dose:** If you miss a dose, take it as soon as you think about it **ONLY** if your next dose is due in more than 12 hours. If your next dose is due in **LESS** than 12 hours, then skip the missed dose and take your next dose at the regular time. Do not take 2 doses at the same time and do not double up on the next dose.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine, your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- Cytotoxic medicines leave the body through urine and stool, but they can also be present in other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your health care provider after your treatment. If you take a cytotoxic pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container (bottle with the desiccant or blister pack) at room temperature. Do not store above 30°C (86°F). For bottles, keep the lid tightly closed after opening.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your nurse or your doctor how to dispose of unused medicine.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- Get regular exercise, with your doctor's approval. If you feel too tired to exercise vigorously, try taking a short walk.
- Drink enough fluids to keep your urine pale yellow.
- If you have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid). Eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- If you are not able to move your bowels, check with your doctor or nurse before you use enemas, laxatives, or suppositories.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea and/or constipation.
- Keeping your pain under control is important to your well-being. Please tell your doctor or nurse if you are experiencing pain.
- If you have diabetes, keep good control of your blood sugar level. Tell your nurse or your doctor if your glucose levels are higher or lower than normal.



## Food and Medicine Interactions

- There are no known interactions of relugolix with food.
- Check with your doctor or pharmacist about all other prescription or over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with relugolix. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- This medicine may interact with St. John's Wort and may lower the levels of the medicine in your body, which can make it less effective.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Signs of allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**
- Tiredness and/or weakness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Feeling that your heart is beating fast or in a not normal way (palpitations)
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- No bowel movement in 3 days or when you feel uncomfortable
- Pain that does not go away or is not relieved by prescribed medicines
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Abnormal blood sugar
- Unusual thirst, passing urine often, headache, sweating, shakiness, irritability
- If you think you may have impregnated your partner

## Reproduction Warnings

- **Pregnancy warning:** This medicine can have harmful effects on the unborn baby. Relugolix is not indicated for use in women. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for 2 weeks after stopping treatment. Let your doctor know right away if you think you may have impregnated your partner.
- **Breastfeeding warning:** It is not known if this medicine passes into breast milk. Relugolix is not indicated for use in women.
- **Fertility warning:** In men, this medicine may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm banking.



Revised February 2024



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