

## Oxaliplatin

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### About This Medicine

OXALIPLATIN (ox AL i PLA tin) treats colorectal cancer. It works by slowing down the growth of cancer cells. It is given in the vein (IV).

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

### Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Soreness of the mouth and throat. You may have red areas, white patches, or sores that hurt.
- Nausea and vomiting (throwing up)
- Diarrhea (loose bowel movements)
- Tiredness
- Changes in your liver function
- Effects on the nerves are called peripheral neuropathy. You may feel numbness, tingling, or pain in your hands and feet, and it may be worse in cold temperatures. It may be hard for you to button your clothes, open jars, or walk as usual. You may also have eye pain, jaw spasms, trouble with swallowing and/or an abnormal feeling of your tongue as well as a heavy feeling in your chest. The effect on the nerves may get worse with more doses of the medicine. These effects get better in some people after the medicine is stopped but it does not get better in all people.

**Note:** Each of the side effects above was reported in 40% or greater of people treated with oxaliplatin. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

### Warnings and Precautions

- Allergic reactions, including anaphylaxis, which may be life-threatening. Signs of allergic reaction to this medicine may be swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast

or not normal way. **If this happens, do not take another dose of this medicine. You should get urgent medical treatment.**

- Thickening and/or inflammation (swelling) of the lung tissues, which may be life-threatening. You may have a dry cough or trouble breathing.
- This medicine can make you more sensitive to cold, which may cause or worsen nerve problems.
- Swelling in the brain that is usually reversible. Symptoms can be sudden (acute) and may include a headache, confusion, changes in eyesight, extreme tiredness/coma, and/or seizures. **If you start to have any of these symptoms let your care team know right away.**
- Severe decrease in white blood cells and platelets when combined with fluorouracil and leucovorin which may raise your risk of infection or bleeding. This may be life-threatening.
- Severe changes in your liver function
- Abnormal heartbeat and/or electrocardiogram (EKG/ECG), which can be life-threatening.
- Rhabdomyolysis- damage to your muscles which may release proteins in your blood and affect how your kidneys work, which may be life-threatening. You may have severe muscle weakness and/or pain, or dark urine.
- Abnormal bleeding – symptoms may be coughing up blood, throwing up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.

## Important Information

- This medicine may impair your ability to drive or use machinery. Talk to your care team about precautions you may need to take.
- This medicine may be present in the urine, stool and other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your care team after your treatment. If you take a pill each day, follow these precautions every day.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your care team tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your care team before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink enough fluids to keep your urine pale yellow.



- Mouth care is very important. Your mouth care should consist of routine, gentle cleaning of your teeth or dentures and rinsing your mouth with a mixture of 1/2 teaspoon of salt in 8 ounces of water or 1/2 teaspoon of baking soda in 8 ounces of water. This should be done at least after each meal and at bedtime.
- If you have mouth sores, avoid mouthwash that has alcohol. Also avoid alcohol and smoking because they can bother your mouth and throat.
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your care team about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your care team about medicine that can lessen or stop your diarrhea.
- If you have numbness and tingling in your hands and feet, be careful when cooking, walking, and handling sharp objects and hot liquids.
- Do not drink cold drinks or use ice. Always drink through a straw. Cover exposed skin before coming in contact with cold temperatures or cold objects. Do not put ice or ice packs on your body. When out in cold weather, wear warm clothing and cover your mouth and nose to warm the air that goes into your lungs. Tell your care team if you get sensitive to the cold.

## Food and Medicine Interactions

- There are no known interactions of oxaliplatin with food.
- Check with your care team about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with oxaliplatin. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- There are known interactions of oxaliplatin when given in combination with fluorouracil and leucovorin and with blood thinning medicine such as warfarin. Ask your care team what precautions you should take.

## When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Tiredness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Headache that does not go away
- Extreme tiredness and/or coma
- Confusion



- Symptoms of a seizure such as confusion, blacking out, passing out, loss of hearing or vision, blurred vision, unusual smells or tastes (such as burning rubber), trouble talking, tremors or shaking in parts or all of the body, repeated body movements, tense muscles that do not relax, and loss of control of urine and bowels. **If you or your family member suspects you are having a seizure, call 911 right away.**
- Blurry vision or changes in your eyesight or pain in your eyes
- Feeling that your heart is beating in a fast or not normal way (palpitations)
- Pain or heavy feeling in your chest
- Dry cough
- Trouble breathing
- Trouble swallowing, an abnormal feeling of your tongue, or jaw spasms
- Pain in your mouth or throat that makes it hard to eat or drink
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Numbness, tingling, or pain in your hands and feet
- Signs of abnormal bleeding such as coughing up blood, throwing up blood (may look like coffee grounds), easy bleeding or bruising, red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of rhabdomyolysis such as decreased or very dark urine, muscle pain in the shoulders, thighs, or lower back; muscle weakness or trouble moving arms and legs.
- Signs of allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**

## Reproduction Warnings

- **Pregnancy warning:** This medicine can cause serious birth defects. If you can become pregnant, use birth control while taking this medicine and for 9 months after the last dose. If you can get your partner pregnant, use birth control while taking this medicine and for 6 months after the last dose. Tell your care team right away if you think you might be pregnant or think your partner might be pregnant.
- **Breastfeeding warning:** Do not breastfeed while taking this medicine and for 3 months after the last dose.
- **Fertility warning:** This medicine may affect your ability to have children in the future. If you plan to have children, talk with your care team.

Revised July 2025

