

## Octreotide LAR Depot (Sandostatin LAR Depot)

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### About This Medicine

Octreotide LAR depot is used to treat cancer, diarrhea associated with some types of cancer, and acromegaly (a hormonal disorder). It is given as an injection in your muscle (intramuscularly).

### Possible Side Effects

- Nausea
- Pain in your abdomen
- Diarrhea (loose bowel movements)
- Excess gas
- Gallstones
- Tiredness
- Headache
- Feeling dizzy
- Back pain

**Note:** Each of the side effects above was reported in 20% or greater of patients treated with octreotide LAR depot. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- Gallstones – possible symptoms may be a sudden severe pain in the right side of your abdomen. It may spread to the right side of your back, shoulder, or chest and usually comes at night or after you eat. Sometimes, gallstones can block the bile duct, and cause inflammation (swelling) of your gallbladder.
- Inflammation of your pancreas
- Blood sugar levels may change
- Changes in your thyroid function
- Changes in your heart function such as abnormal heartbeat and electrocardiogram (EKG/ECG)

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

## Important Information

- You should make sure you get enough vitamin B12 while you are taking this medicine. Discuss the foods you eat and the vitamins you take with your doctor.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- If you are dizzy, get up slowly after sitting or lying.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop diarrhea.
- Avoid gas-producing foods, such as brussels sprouts, cabbage, cauliflower, carrots, prunes, and apricots.
- If you have diabetes, keep good control of your blood sugar level. Tell your nurse or your doctor if your glucose levels are higher or lower than normal.
- Keeping your pain under control is important to your well-being. Please tell your doctor or nurse if you are experiencing pain.

## Food and Medicine Interactions

- There are no known interactions of octreotide LAR depot with food.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with octreotide LAR depot. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher



- Headache that does not go away
- Feeling dizzy or lightheaded
- Tiredness that interferes with your daily activities
- Feeling that your heart is beating in a fast or not normal way (palpitations)
- Trouble breathing
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Severe pain in the right side of your abdomen that may spread to the right side of your back, shoulder or chest
- Yellowing of the eyes or skin
- Excessive gas or pain in your abdomen that does not go away
- Pain that does not go away, or is not relieved by prescribed medicines
- Abnormal blood sugar
- Signs of high blood sugar: unusual thirst, passing urine often, headache, sweating, shakiness, irritability
- Signs of low blood sugar: feeling sleepy, increased hunger, sweating, shakiness, irritability
- Signs of low thyroid function: tiredness, unexplained weight gain, hair loss, dry skin, constipation, increased sensitivity to cold
- If you think you may be pregnant

## Reproduction Warnings

- **Pregnancy warning:** It is not known if this medicine may harm an unborn child. In patients with acromegaly who have been unable to become pregnant, octreotide may improve fertility. For this reason, women of childbearing potential should use effective methods of birth control during your treatment and be sure to talk with your doctor if you are pregnant or planning to become pregnant while receiving this medicine. Let your doctor know right away if you think you may be pregnant.
- **Breastfeeding warning:** It is not known if this medicine passes into breast milk. For this reason, women should talk to their doctor about the risks and benefits of breastfeeding during treatment with this medicine because this medicine may enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** Fertility studies have not been done with this medicine. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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