

Nilutamide (Nilandron)

About This Medicine

NILUTAMIDE (nye LOO ta mide) treats prostate cancer. It works by blocking the effect of testosterone and other hormones in your body, which may slow or stop cancer cells from spreading or growing. It is given orally (by mouth).

This medicine may be used for other purposes; ask your care team if you have questions.

Possible Side Effects

- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.
- You may have trouble seeing when going from a lighted area to a dark area.

Note: Each of the side effects above was reported in 10% or greater of people treated with nilutamide and surgical castration. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

Warnings and Precautions

- Inflammation (swelling) of the lungs, which can be life-threatening. You may have a dry cough and/or trouble breathing.
- Changes in your liver function, which can be life-threatening.

Note: Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.

Important Information

- Do not stop taking nilutamide without first talking with your care team.
- This medicine may impair your ability to drive, especially at night or through tunnels. Use caution and tell your care team if you experience this effect.

- Nilutamide may cause intolerance to alcohol. Alcohol should be avoided if you experience hot flashes, skin flushing, general discomfort or have a feeling of being unwell after drinking alcohol.

How to Take Your Medicine

- Swallow the medicine whole with or without food.
- **Missed dose:** If you vomit or miss a dose, contact your care team. Do not take 2 doses at the same time and do not double up on the next dose
- **Overdosage:** If you think you have taken too much of this medicine contact a poison control center or emergency room at once.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine. Your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- This medicine may be present in the urine, stool and other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your care team after your treatment. If you take a pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container at room temperature. Protect from light. Keep out of the reach of children and pets.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your care team how to dispose of unused medicine.

Food and Medicine Interactions

- There are no known interactions of nilutamide with food.
- Check with your care team about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with nilutamide. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- There are known interactions of nilutamide with blood thinning medicine such as warfarin. Ask your care team what precautions you should take.

When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Trouble adapting to changes in light
- Pain in your chest
- Dry cough
- Wheezing and/or trouble breathing



- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin

Reproduction Warnings

- **Fertility warning:** The effect of this medicine on fertility is not known. If you plan to have children, talk with you care team.

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