

Iron dextran (INFeD)

About This Medicine

IRON DEXTRAN (EYE ern DEX tran) treats low levels of iron in your body. Iron is a mineral that plays an important role in making red blood cells, which carry oxygen from your lungs to the rest of your body. It is given in the vein (IV) or as an injection in a muscle (intramuscularly).

This medicine may be used for other purposes; ask your care team if you have questions.

Possible Side Effects

- Nausea and vomiting (throwing up)
- Allergic reactions, including anaphylaxis are rare and may be life-threatening. Signs of allergic reaction to this medicine may be swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, do not take another dose of this medicine. You should get urgent medical treatment.**
- Pain in your chest and/or back
- Feeling dizzy
- Trouble breathing
- Itching
- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.
- Low blood pressure

Note: All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

Warnings and Precautions

- Severe and life-threatening allergic reactions. If you have a history of allergies and/or asthma, you may have a higher risk of developing an allergic reaction to this medicine.
- Severe reactions to this medicine can happen 1 to 2 days after you have received your treatment (delayed reaction). Signs of a delayed reaction to this medicine may be a headache, fever, chills, feeling dizzy, pain in your back, pain in your joints and/or muscles, nausea, and vomiting. These side effects usually go away within 3 to 4 days. **If this happens, you should call your care team.**

- Iron overload (too much iron in your body)
- If you have a history of rheumatoid arthritis, and/or heart problems, you may have increased symptoms of these conditions while receiving iron dextran.
- If you have liver or kidney problems, you may be at higher risk for serious side effects from this medicine. Be sure to notify your care team.

Note: *Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.*

Treating Side Effects

- Drink enough fluids to keep your urine pale yellow.
- If you throw up, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your care team about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- Keeping your pain under control is important to your well-being. Please tell your care team if you are experiencing pain.
- If you are dizzy, get up slowly after sitting or lying.
- To help with itching, moisturize your skin several times a day.
- Avoid sun exposure and apply sunscreen routinely when outdoors.

Food and Medicine Interactions

- There are no known interactions of iron dextran with food.
- This medicine may interact with other medicines. Tell your care team about all the prescription and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) that you are taking at this time. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Headache that does not go away
- Feeling dizzy or lightheaded
- Chest pain
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day



- Pain that does not go away or is not relieved by prescribed medicine
- Pain in your back, joints and/or muscle
- Signs of an allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**
- Itching that is bothersome

Reproduction Warnings

- **Pregnancy warning:** Talk with your care team if you are pregnant or planning to become pregnant while taking this medicine. Tell your care team right away if you think you might be pregnant.
- **Breastfeeding warning:** Talk with your care team about breastfeeding during treatment. You may need to stop breastfeeding.

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