

Fulvestrant (Faslodex)

About This Medicine

FULVESTRANT (ful VES trant) treats breast cancer. It works by blocking the hormone estrogen in breast tissue, which prevents breast cancer cells from spreading or growing. It is given as an injection in the muscle (intramuscularly).

This medicine may be used for other purposes; ask your care team if you have questions.

Possible Side Effects

- Nausea and vomiting (throwing up)
- Constipation (not able to move bowels)
- Tiredness and weakness
- Changes in your liver function
- Decreased appetite (decreased hunger)
- Bone, joint, back, and muscle pain
- Pain in your arms and/or legs
- Pain at the injection site
- Headache
- Cough
- Trouble breathing
- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.

Note: Each of the side effects above was reported in 5% or greater of people treated with fulvestrant. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

Warnings and Precautions

- Risk of bleeding, especially if you have low platelets, have a bleeding disorder, or are taking a blood-thinning medicine. Ask your care team what precautions you should take.
- Injection site reaction - you may get numbness/tingling, nerve pain, and/or nerve damage at the injection site

- This medicine may falsely increase estradiol levels.

Note: Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.

Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- Get regular exercise, with your care team's approval. If you feel too tired to exercise vigorously, try taking a short walk.
- Keeping your pain under control is important to your well-being. Please tell your care team if you are experiencing pain.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your care team about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- Ask your care team about medicines that are available to help stop or lessen constipation.
- If you are not able to move your bowels, check with your care team before you use enemas, laxatives, or suppositories.
- To help with decreased appetite, eat small, frequent meals. Eat foods high in calories and protein, such as meat, poultry, fish, dry beans, tofu, eggs, nuts, milk, yogurt, cheese, ice cream, pudding, and nutritional supplements.
- Consider using sauces and spices to increase taste. Daily exercise, with your care team's approval, may increase your appetite.
- While you are getting this medicine, please tell your care team right away if you get numbness/tingling or nerve pain at the site of your injection.

Food and Medicine Interactions

- There are no known interactions of fulvestrant with food.
- This medicine may interact with other medicines. Tell your care team about all the prescription and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) that you are taking at this time. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Tiredness and/or weakness that interferes with your daily activities



- Headache that does not go away
- Cough that is bothersome
- Wheezing and/or trouble breathing
- Pain that does not go away, or is not relieved by prescribed medicines
- Lasting loss of appetite or rapid weight loss of five pounds in a week
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- No bowel movement in 3 days or when you feel uncomfortable
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Severe bleeding at the injection site
- Pain and/or numbness/tingling at the injection site

Reproduction Warnings

- **Pregnancy warning:** This medicine can cause serious birth defects. If you can become pregnant, use birth control while taking this medicine and for 1 year after the last dose. Tell your care team right away if you think you might be pregnant.
- **Breastfeeding warning:** Do not breastfeed while taking this medicine and for 1 year after the last dose.
- **Fertility warning:** This medicine may affect your ability to have children in the future. If you plan to have children, talk with your care team.

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