

## Enasidenib (Idhifa)

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### About This Drug

Enasidenib is used to treat cancer. It is given orally (by mouth).

### Possible Side Effects

- Nausea and vomiting (throwing up)
- Diarrhea (loose bowel movements)
- Increased total bilirubin in your blood. This may mean that you have changes in your liver function.
- Decreased appetite (decreased hunger)

**Note:** Each of the side effects above was reported in 20% or greater of patients treated with enasidenib. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other drugs in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- A serious syndrome may happen with the use of this drug that is known as differentiation syndrome, which can be life-threatening. It can cause a fever, weight gain, and breathing problems. This syndrome can be seen from 1 day to up to 5 months after starting therapy. **Immediately report any of these symptoms to your healthcare provider.**
- Tumor lysis syndrome: This drug may act on the cancer cells very quickly. This may affect how your kidneys work.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

### How to Take Your Medication

- Swallow the medicine whole with or without food with a cup of water. Do not split or chew the tablet.
- Take this medicine at the same time each day.
- **Missed dose:** If you miss or vomit a dose, take it as soon as you think about it on the same day and take your next dose at the regular time on the next day. Do not take 2 doses at the same time to make up for a missed dose.

- **Handling:** Wash your hands after handling your medicine, your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- This drug may be present in the saliva, tears, sweat, urine, stool, vomit, semen, and vaginal secretions. Talk to your doctor and/or your nurse about the necessary precautions to take during this time.
- **Storage:** Store this medicine in the original container at room temperature. Keep the lid tightly closed with desiccant inside to protect from moisture.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medication label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your nurse or your doctor how to dispose of unused medicine.

## Treating Side Effects

- Drink plenty of fluids (a minimum of eight glasses per day is recommended).
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea.
- To help with decreased appetite eat foods high in calories and protein, such as meat, poultry, fish, dry beans, tofu, eggs, nuts, milk, yogurt, cheese, ice cream, pudding, and nutritional supplements.
- Consider using sauces and spices to increase taste. Daily exercise, with your doctor's approval, may increase your appetite.

## Food and Drug Interactions

- There are no known interactions of enasidenib with food.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known drug interactions with enasidenib. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- This drug may interact with hormonal birth control (i.e., birth control pills, skin patches, vaginal rings, injections) and affect how they work. Discuss with your doctor and/or nurse what method of birth control may be right for you during your treatment.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:



- Fever of 100.4° F (38° C) or higher
- Chills
- Tiredness that interferes with your daily activities
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Lasting loss of appetite or rapid weight loss of five pounds in a week
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of tumor lysis: confusion or agitation, decreased urine, nausea/vomiting, diarrhea, muscle cramping, numbness and/or tingling, seizures.
- Signs of differentiation syndrome: fever, weight gain, swelling, bone pain, or trouble breathing.  
**Immediately report any of these symptoms to your healthcare provider.**
- If you think you may be pregnant or may have impregnated your partner

## Reproduction Warnings

- **Pregnancy warning:** This drug can have harmful effects on the unborn baby. Women of childbearing potential should use effective methods of birth control during your cancer treatment and for at least 2 months after stopping treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for at least 2 months after stopping treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.
- **Breastfeeding warning:** It is not known if this drug passes into breast milk. For this reason, women should not breastfeed during treatment and for at least 2 months after stopping treatment because this drug could enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** In men and women both, this drug may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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