

Darolutamide (Nubeqa)

About This Medicine

DAROLUTAMIDE (DAR oh LOO ta mide) treats prostate cancer. It works by blocking the effect of testosterone and other hormones in your body, which may slow or stop cancer cells from spreading or growing. It is given orally (by mouth).

This medicine may be used for other purposes; ask your care team if you have questions.

Possible Side Effects

- Decrease in the number of white blood cells and red blood cells. This may raise your risk of infection and make you tired and weak.
- Constipation (not able to move bowels)
- Tiredness
- Abnormal bleeding – symptoms may be coughing up blood, throwing up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding.
- Decreased appetite (decreased hunger)
- Weight gain
- Changes in your liver function
- Decreased level of calcium in your blood
- Blood sugar levels may change
- Rash
- High blood pressure

Note: Each of the side effects above was reported in 10% or greater of people treated with darolutamide. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

Warnings and Precautions

- Risk of heart attacks
- Seizure. Common symptoms of a seizure can include confusion, blacking out, passing out, loss of hearing or vision, blurred vision, unusual smells or tastes (such as burning rubber), trouble talking,

tremors or shaking in parts or all of the body, repeated body movements, tense muscles that do not relax, and loss of control of urine and bowels. There are other less common symptoms of seizures. If you or your family **member suspects you are having a seizure, call 911 right away.**

Note: *Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.*

Important Information

- If you are receiving gonadotropin-releasing hormone (GnRH) analog therapy, you should continue with this treatment during your treatment with darolutamide. Talk to your care team about specific instructions.

How to Take Your Medicine

- Swallow this medicine whole with food.
- **Missed dose:** If you miss a dose, take it as soon as you remember before the next dose is due. Do not take 2 doses at the same time and do not double up on the next dose to make up for a missed dose.
- **Overdosage:** If you think you have taken too much of this medicine contact a poison control center or emergency room at once.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine, your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- This medicine may be present in the urine, stool and other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your care team after your treatment. If you take a pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container at room temperature. Keep the container tightly closed after opening. Keep out of the reach of children and pets.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your care team how to dispose of unused medicine.

Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your care team tells you, and whenever you feel like you may have a fever.
- If you are not able to move your bowels, check with your care team before you use enemas, laxatives, or suppositories.



- Drink enough fluids to keep your urine pale yellow.
- Ask your care team about medicines that are available to help stop or lessen constipation.
- To help with decreased appetite, eat small, frequent meals. Eat foods high in calories and protein, such as meat, poultry, fish, dry beans, tofu, eggs, nuts, milk, yogurt, cheese, ice cream, pudding, and nutritional supplements.
- Consider using sauces and spices to increase taste. Daily exercise, with your care team's approval, may increase your appetite.
- If you have diabetes, keep good control of your blood sugar level. Tell your care team if your glucose levels are higher or lower than normal.
- If you get a rash do not put anything on it unless your care team says you may. Keep the area around the rash clean and dry. Ask your care team for medicine if your rash bothers you.

Food and Medicine Interactions

- This medicine may interact with grapefruit and grapefruit juice. Talk to your care team as this could make side effects worse.
- Check with your care team about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with darolutamide. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplement to make sure that there are no interactions.
- This medicine may interact with St. John's Wort and may lower the levels of the medicine in your body, which can make it less effective.

When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- A headache that does not go away
- Blurry vision or other changes in eyesight
- Tiredness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Symptoms of a seizure such as confusion, blacking out, passing out, loss of hearing or vision, blurred vision, unusual smells or tastes (such as burning rubber), trouble talking, tremors or shaking in parts or all of the body, repeated body movements, tense muscles that do not relax, and loss of control of urine and bowels. **If you or your family member suspects you are having a seizure, call 911 right away.**
- Chest pain or symptoms of a heart attack. Most heart attacks involve pain in the center of the chest that lasts more than a few minutes. The pain may go away and come back, or it can be constant. It can feel like pressure, squeezing, fullness, or pain. Sometimes pain is felt in one or both arms, the back, neck, jaw, or stomach. **If any of these symptoms last 2 minutes, call 911.**
- No bowel movement in 3 days or when you feel uncomfortable



- Lasting loss of appetite or rapid weight loss of five pounds in a week
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of abnormal bleeding such as coughing up blood, throwing up blood (may look like coffee grounds), easy bleeding or bruising, red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding
- Signs of low calcium: numbness or tingling around your mouth or in your hands and/or feet, muscle stiffness, twitching, spasms, or cramps
- Signs of high blood sugar: unusual thirst, passing urine often, headache, sweating, shakiness, Pain that does not go away, or is not relieved by prescribed medicines

Reproduction Warnings

- **Pregnancy warning:** This medicine can cause serious birth defects. If you can get your partner pregnant, use birth control while taking this medicine and for 1 week after the last dose. Tell your care team right away if you think your partner might be pregnant.
- **Fertility warning:** This medicine may affect your ability to have children in the future. If you plan to have children, talk with your care team.

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