

Foundations to Practice: Symptom Management of Patients with Cancer

This course addresses how health care professionals can help patients deal with physical symptoms and issues related to their disease and its treatment, such as gastrointestinal manifestations, pain, fatigue, cutaneous reactions, nutrition, psychosocial needs of patients, families, and caregivers, and sexual function and reproductive issues.

This course is strongly recommended as a prerequisite for the Antineoplastic Therapy and Immunotherapy Course. All courses are sponsored by UPMC Hillman Cancer Center. The faculty consists of healthcare professionals with expertise in cancer care at UPMC.

Time and Location:

This course will be held virtually via Microsoft Teams. Exact class schedule will be provided in the confirmation letter sent via e-mail one week prior to the class. Electronic registration begins at 7:45 a.m. and lectures begin promptly at 8:00 a.m. The course concludes at approximately 4:00 p.m.

Who Should Attend:

This course is designed for healthcare professionals who care for oncology patients in various settings. Other healthcare professionals who wish to expand their knowledge of cancer care are also welcome to attend.

Continuing Education Credit:

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

The maximum number of hours awarded for this Continuing Nursing Education activity is 5 contact hours.

To receive 5 Contact Hours, the learner must sign into each class day via Microsoft Teams, attend the entire class day, and pass the exam with an 80% or greater. Following test completion, the learner will complete the evaluation and claim continuing education credit.

Registration Information:

All UPMC employees are required to register for educational programs through Learning via HR Direct. Employees may access HR Direct by logging on the UPMC Infonet. A user guide is available on the Infonet. Manager approval may be required for some programs for some employees. If you receive this notice when enrolling, please notify your manager of your interest in the program.

Non-UPMC employees may register for the course by submitting a course registration form to the course director. Registration forms are located on the UPMC Hillman Cancer Center Professional Education Website <https://hillman.upmc.com/health-care-professionals/education/courses>

The registration fee for this individual course for virtual attendance is \$40. The registration fee for all five courses within the series virtually is \$150. Tuition is waived for employees of UPMC and UPMC affiliates. Deadline for registration is one week before the course date.

Confirmation letters are emailed to all registrants one week prior to class.

Confirmation letters contain activity information sheet, course slide decks, registration for CE credit, as well as other details. If you have any questions, need more information, or do not receive confirmation prior to the course, contact Amy DiMaggio at dimaggioa@upmc.edu

Cancellation Policy:

- If you cannot attend any course for any reason, you need to directly notify the course registrar by calling 412-623-3651 and leaving a voicemail message or by emailing Amy DiMaggio at dimaggioa@upmc.edu.
- For class cancellations, an announcement will be available at 412-623-3651 and an email will be sent to class attendees.

The program sponsors reserve the right to make changes or cancel the program because of unforeseen circumstances.

Personal Accommodations:

Please indicate any personal accommodations you may need for the program, such as a sign language interpreter, large print conference materials, Braille conference materials, wheelchair height tables, or other. Please call 412-623-3651 or email Amy DiMaggio at dimaggioa@upmc.edu two weeks prior to the program if you need any personal accommodations to participate.

Course Objectives

At the end of the course, participants should be able to:

- Assess patients for symptoms of cancer induced pain.
- Evaluate interventions to manage the cutaneous effects of cancer treatment.
- Prioritize the unique psychosocial needs of the cancer patient's plan of care.
- Identify interventions for managing cancer related fatigue.
- Recognize nutrition related complications in the oncology patient.
- Formulate an interdisciplinary team to facilitate survivorship care planning.
- Describe the impact integrative oncology practices to the oncology patient's plan of care.

Course Content

- Body Image, Sexuality, and Reproductive Issues
- Cutaneous Reactions
- Fatigue
- Gastrointestinal Manifestations and Nutritional Support
- Integrative Oncology
- Pain Management
- Psychosocial Needs of Patients, Families, and Caregivers
- Rehabilitation
- Survivorship