

# Moving Through Cancer Community Resource West Pennsylvania



## **Burgettstown Senior Center**

200 Senior Way, Burgettstown, PA, 15021

**Website:** <https://www.wccf.net/charities/burgettstown-senior-center>

**Phone Number: 724-947-9524**

- Group exercise available
- Participates with SilverSneakers®
- Contact for pricing information

## **Monroeville Senior Center**

6000 Gateway Campus Blvd, Monroeville, PA, 15146

**Website:** <https://www.monroeville.pa.us/191/Senior-Center>

**Phone Number: 412-856-7825**

- Personal training and group exercise available
- Participates with SilverSneakers®
- Pricing: \$20-\$60/month and 65+ free

## **Wilmerding Community Center**

1 Memorial Field, Wilmerding, PA, 15148

**Website:** <https://wilmerdingcommunitycenter.org/>

**Phone Number: 412-520-7946**

- Personal training and group exercise available
- Participates with SilverSneakers®
- Pricing: \$33-58/month + \$25-50 join fee + \$58-108 annual fee

## **Washington Senior Center**

69 W Maiden St, Washington, PA, 15301

**Website:** <https://washpaseniors.org/>

**Phone Number: 724-222-9321**

- Participates with SilverSneakers®
- Contact for pricing information

## **Robinson Township Recreation Center**

1000 Church Hill Road, Pittsburgh, PA, 15205

**Website:** <https://townshipofrobinson.recdesk.com/Community/Home>

**Phone Number: 412-788-8120**

- Contact for more information

## **Weirton Millsop Community Center**

3420 Main St, Weirton, PA, 26062

**Website:** <https://www.cityofweirton.com/348/Weirton-Millsop-Community-Center>

**Phone Number: 304-797-8523**

**Email: dianeceraolo@comcast.net**

- Group exercise available
- Participates with SilverSneakers®
- Pricing: \$14.20-36.10/month

## **Penn Highlands Mon Valley**

**Reclaim Your Strength – Cancer Wellness Program**

800 Plaza Drive, Suite 100; Belle Vernon, PA 15012

**Website:** <https://mvhealthplex.com/programs/>

**Phone Number: 724-258-1797**

- 3-month program for current cancer patients and patients in remission
- Contact for pricing information

## **YMCA & Livestrong Program- South (West)**

**Sampson Family YMCA**

2200 Golden Mile Hwy, Pittsburgh, PA, 15239

**Website:** <https://www.pittsburghymca.org/>

**Phone Number: 412-744-1179**

- Personal training and group exercise available
- Participates with SilverSneakers®
- No cost to cancer survivors